




# JUNE Lunch San Miguel



Mark West Union School District

| Monday   | Tuesday   | Wednesday   | Thursday  | Friday   |
|--|---|-------------|---|--|
| 1  | 2   | 3           | 4   | 5  |
| Cheeseburger & Fries<br>Mantecada Muffin, Yogurt, String Cheese Kit (V)<br>"P" B&J BYO Kit w/ Corn Tajin (V)   | Chicken Dumplings w/ Mixed Veg<br>Italian Turkey Trio Sandwich<br>Mantecada Muffin, Yogurt, String Cheese Kit (V) | Pizza Day!! | Cheese Tamale w/ Black Beans (V)<br>Veggie Chef Salad (V) | Cheese Pizza Kit (V)<br>Turkey & Cheese Sub Sandwich |
| 8  | 9   | 10          | 11  | 12   |
|  <span style="font-size: 2em; font-family: cursive;">Happy Summer!! See you in August!</span>  |   |             |   |  |
| 15   | 16  | 17          | 18  | 19   |
|  |   |             |   | Juneteenth Holiday                                   |
| 22   | 23  | 24          | 25  | 26   |
|  |   |             |   |  |
| 29   | 30  |             |   |  |
|  |   |             |   |  |

| Lunch Includes:  | Veg of the Day:   | Featured Fruit:  | RevUp Rewards:  |
|--|---|--|---|
| Choice of 1% or Fat Free Milk<br>Fruit & Vegetable of the Day<br>(V) Vegetarian<br>*May include an extra 1/2 cup veg for compliance<br>*All grains are wholegrain rich | Monday: French Fries/ Corn<br>Tuesday: Baby Carrots<br>Wednesday: Cucumber / Celery<br>Thursday: Crispy Beans<br>Friday: Side Salad w/ Dressing | Apples, Apple Slices, Bananas, Pears,<br>Oranges 100% Juice<br>Seasonal: Peach | Scan Our QR Code Daily<br>Rate the Meal You Ate<br>You're Entered to Win!<br>Drawings Monthly<br>Learn More and See Prizes:<br><a href="http://www.revolutionfoods.com/revuprewards">www.revolutionfoods.com/revuprewards</a>  |