

# San Miguel Elementary Kindergarten

## Encourage your child....

- to use and control large muscles in arms and legs
  - jumping, balancing, skipping, running, moving in rhythm, swinging, climbing, ball handling, jumping rope
- to use and control small muscles in hands and arms
  - handling pencils and crayons, zipping coats, buttoning shirts, tying a shoe, stringing beads on a shoelace, putting pegs in a pegboard, screwing and unscrewing nuts and bolts or jar lids, putting together a puzzle
- to use eyes and hands together
  - color, cut, trace, copy, bounce a ball, bat a ball, put small objects into a bottle, stack small blocks
- to learn about the human body
  - know body parts, size, how your child grows
- to know the meanings of words
  - in/out, top/bottom, on/off, near/far, big/little, loud/soft, above/beneath, up/down
- to learn the difference between left and right, use color words in describing a toy, follow simple one and two part directions
- to observe and listen
  - ask “How are these things different?” “How are these things alike?”
  - describe textures, shapes and colors
- to learn about numbers
  - what numbers mean (Give me three cookies)
  - number sequence (what numbers comes after 4?)
  - measurement (Let your child help you in the kitchen, and while cooking)
- to become more independent and responsible
  - pick up toys, help in cleaning room, putting clothes away, expect your child to help with household tasks
- to accept other adults as friends
  - talk about doctors, dentists, police officers, baby sitters, firemen, school bus drivers, etc.
  - to care for pets
  - to dress independently
  - to get along with others
  - to feel secure away from home
  - to write/his/her name in lower case letters