

Mark West Union School District Lunch Menu



August 2020

Monday	Tuesday	Wednesday	Thursday	Friday
Entrée of the Day				
10	11	12	13 1st DAY of School Chicken Tamale Peas & Carrots Banana	14 Baked Ziti w/ Meat Sauce Orange
17 Chicken Enchiladas w/ Green Salsa Apple Sauce	18 Spaghetti w/ Meat Sauce 100% Fruit Juice	19 Cheeseburger Oven Baked Fries <i>Ketchup</i> <i>Apple or Pear</i>	20 Chicken Alfredo w/ Broccoli Banana	21 Chicken Burrito Bowl w/ Brown Rice, Beans & Corn Orange
24 Cheese Tamale Peas & Carrots Apple Sauce	25 Grilled Chicken Sandwich Oven Baked Fries <i>Thousand Island Dressing</i> <i>100% Fruit Juice</i>	26 Beef & Bean Chili Popped Corn Chips Apple or Pear	27 Roasted Chicken Leg Mac & Cheese Carrot Coins Banana	28 Sweet & Sour Chicken Brown Rice & Broccoli Orange
31 Hamburger Lettuce, Tomatoes, Pickles <i>Ketchup</i> <i>Apple Sauce</i>	1 Beef Enchilada Casserole w/ Beans & Corn 100% Fruit Juice	2 <i>Breakfast 4 Lunch</i> French Toast Stix, Turkey Sausage & Tots <i>Syrup</i> Apple or Pear	3 Chicken Burrito Salsa Cup Banana	4 Chicken Nuggets Mashed Potatoes Orange

MENU SUBJECT TO CHANGE WITHOUT NOTICE

This institution is an equal opportunity provider.