

February 3, 2023



### LETTER FROM THE PRINCIPAL

Dear Families,

*This is a very productive time of the year for students and a time where much learning occurs. The holidays are over and students are deep in their classroom routines. Plus spring has not hit yet so this is prime learning time! Please continue to encourage your child to complete their homework and get plenty of rest. If you are able, please support our Student Council's food drive.*

Warm regards,

Patrick Eagle

### SAN MIGUEL TALENT SHOW

Performers wanted! Be a shining star at the San Miguel Talent Show! Ideas: singing, dancing, skits, poetry, instrumentals, jokes, magic tricks, tumbling, jump rope...get creative! \*\*2.5 minute time limit\*\* [click here for the flyer](#), available in the office too.

**Who should participate?** All students are welcome! Auditions are for planning purposes only—no cuts.

#### **When is the show?**

Auditions: Friday, March 31st @ 3:00pm in the MPR

Dress rehearsal: Thursday, April 27th @ 6:30pm

Performance: Friday, April 28th @ 6:30pm

#### **How to sign up:**

Send the following to [danifreebairn@gmail.com](mailto:danifreebairn@gmail.com) by March 30th

- 1) Name(s) & grade(s) of performers
- 2) Best contact email address
- 3) Short description of act + any special equipment needed
- 4) MP3 file of music, if needed

### COVID TESTS REQUIRED-FROM THE DISTRICT OFFICE

A quick reminder to all that if a child has been out sick or has been sent home sick, we require a negative COVID test before they can return. Symptoms of COVID have expanded so greatly that we can no longer differentiate between COVID, viral infections, RSV or the flu without a minimal verification of a negative COVID test. Parents please take a picture of the negative test and email it to the office manager.

We realize this is a lot of verification but should we ever be audited or questioned by the County, we have to be able to confirm that we required a negative COVID test before a sick child returns. This does not apply to a child that may have been absent due to surgery, bereavement, broken bone, etc.

If you do not have access to a test, we are more than happy to provide one for you to administer, upon request.

### A 'NOTE' FROM THE MUSIC TEACHER

Please join San Miguel third graders for their Recorder Concert from **6:00-6:20 p.m.** in the San Miguel Multi-Purpose Room (gym) on **Thursday, February 16**. We're excited to perform in person once again! The following **Thursday, February 23**, please join the 4th-, 5th-, and 6th-grade music students from Mark

West, Riebli, and San Miguel at our annual District Winter Concert!

**5:45 p.m.** Guitar/Clarinet/Trumpet Concert

**6:45 p.m.** Chorus/Violin Concert

@ Mark West Elementary Gym (MPR)

Music students have received a flyer with more information about what to wear, when to arrive,

audience info, and tuning stringed instruments for the

concert. Students have also received a list of songs they should be practicing for the concert. Please encourage students to practice frequently throughout the week!

All parents - please join us at our next MWEF meeting if you would like to learn more about supporting the district music program:

Monday, February 6 at 6:00pm via Zoom

<https://us02web.zoom.us/j/86578735593?pwd=dmpGN1c0YjV GdnBQNFF5MG50LzlsQT09>

### PE WITH COACH BRE

The jump rope unit is off to a fantastic start! I'm impressed by the K-1st graders for giving their best effort at a new and challenging skill. Next week we will bring out the long ropes for group jump. If your child does not have a jump rope and you would like one there are some available in the office.

Each class in this unit will have a 'jump test.'

Kangaroo Kinder Club goal- 5 consecutive jumps

1st grade goal- 10 consecutive jumps

2nd grade goal- 20 consecutive jumps

3rd-6th grade goal- 1 minute without error

Complete the goal and join my Jump Club! Please encourage your child to practice at home. Keep your eye out for the Jump Club Posters on campus.

Jump on!

-Coach Bre

### UPCOMING DATES

2/8/23 - Cyberbullying and Digital Wellness workshop

1/30-2/17 - [Student Council Food Drive](#)

2/13/23 - Lincoln's Birthday - Holiday

2/20/23 - Presidents Day - Holiday

3/3/23 - Bingo Night

3/20-3/24 - Spring Break

3/31/23 - Talent Show auditions 3:00

4/27/23 - Talent Show rehearsal 6:30

4/28/23 - Talent Show Performance 6:30

5/5/23 - Walk a Thon

## **CYBERBULLYING & DIGITAL WELLNESS WORKSHOP**

In partnership with the City of Santa Rosa Violence Prevention Partnership and funded in part by Measure O (2004), Community Matters is hosting a parent/guardian workshop focused on Cyberbullying & Digital Wellness on Feb. 8th, from 5:00 - 6:30. This workshop will be delivered via Zoom and Spanish translation services are available. The discussion will focus on navigating current trends in social media, raising awareness of student's online activity and modeling how to interact safely and responsibly in the digital world. Please see [attached invitation](#) for further details and registration links. This event is free and open to all who are interested in learning more about this important topic.

PE Pictures - Look at those jumping skills!

